

SOAR

Lesson #5

How do I make right choices?

The purpose of this lesson plan is to:

- Create a fun and interactive learning experience
- Provide teaching options in addition to the Leader Q Card
- Creatively revisit the Bible story featured in the teaching video
- Give kids an opportunity to further explore the application point

PROGRAM

Activity	Length of Segment	Running Time
Q Card: Discussion	15 minutes	Start-15 minutes
Picture: Bible Story	5 minutes	15-20 minutes
Play: Learning Activity	10 minutes	20-30 minutes
Plan: Group Commitment	5 minutes	30-35 minutes
Prayer: Prayer Cards	5 minutes	35-45 minutes

PREP

You will need:

- Game Materials – 1 set for EACH small or large group:
 - Popsicle sticks – 150+ per small group
 - Scotch tape – one roll per group
 - 4 brown paper lunch bags each filled with one of the following foods:
 - 1 small apple, 5 marshmallows, 7 crackers, sour candy
- Story Props (optional)
- Prayer Cards (1 per kid)
- MAP Books (1 per kid)

PICTURE

(The Bible Story)

In this portion of your class time you have the opportunity to retell the Bible story presented earlier in the teaching video. The object is to paint a picture that kids will understand and remember. When telling the story, remember you are painting a picture for your viewers. Have fun and explore your creativity. Here are some ideas to make your storytelling more memorable:

- You might ask the kids to act out the story
- The kids could play the following roles: Jesus, Spirit, Devil, God, day, night
- Maybe you could use props like: stones, bread

Matthew 4:1-4

Then Jesus was led out into the wilderness by the Holy Spirit to be tempted there by the Devil. For forty days and forty nights he ate nothing and became very hungry.

Then the Devil came and said to him, "If you are the Son of God, change these stones into loaves of bread." But Jesus told him, "No! The Scriptures say 'People need more than bread for their life; they must feed on every word of God.'"

PLAY

(Learning Activity)

In this portion of your class time you will lead your class in a fun and exciting activity that will help your kids apply the Bible lesson to their everyday lives.

"Survivor"

HOW TO START:

- Divide the kids into 4 teams

HOW TO PLAY:

- Say, "This game is called Survivor. This game will help us to think about the compass point for this week: When you're in a nose dive, use God's word to survive."
- Begin Challenge #1: The Shelter Challenge
Each team has 5 minutes to build a shelter using popsicle sticks and tape
The best shelter wins 5 points for the team
- Ask all the kids question #1 (see below)
- First person to answer receives 5 points for his/her team
- Begin Challenge #2: The Food Challenge
One player from each team must choose a brown mystery bag
Say GO
Players must completely eat the contents of the bag
First player to finish wins 5 points for his/her team
- Ask all the kids question #2 (see below)
- First person to answer receives 5 points for his/her team
- Begin Challenge #3: The Firewood Speed Challenge
Each team lines up for the Speed Challenge Relay
Each team must transfer all firewood (popsicle sticks) from one end of the relay to the other where they will build a fire
First team to finish wins 5 points
- Ask all the kids question #3 (see below)
- First person to answer receives 5 points for his/her team

GAME QUESTIONS:

1. I will read a Bible verse, and then I want you to answer the following question, "When can this Bible verse help you in your life?"

Verse: Romans 12:21

Don't let evil get the best of you, but conquer evil by doing good.

2. I will read a Bible verse, and then I want you to answer the following question, "When can this Bible verse help you in your life?"

Verse: 1 John 4:7-8

Dear friends, let us continue to love one another, for love comes from God. Anyone who loves is born of God and knows God. But anyone who does not love does not know God, for God is love.

3. I will read a Bible verse, and then I want you to answer the following question, "When can this Bible verse help you in your life?"

Verse: Jeremiah 29:11

"For I know the plans I have for you," says the Lord. "They are plans for good and not for disaster, to give you a future and a hope."

PLAN

(Group Commitment)

In this portion of your class time you have the opportunity to lead your group to make a commitment. You may select any ONE of the options provided or your group may create its own. Encourage the kids to write their commitments on their Prayer Cards so you can be praying for them during the week.

- Commitment Options: Write down some Bible verses you know and use them to pray this week
- Find a box around your house and decorate it. Write Psalm 119:11 on your box, "I have hidden your word in my heart, that I might not sin against you." Use this box as your Bible verse box. Each time you memorize a verse, write it down and place it in your box.
- Think of something that is challenging or difficult for you in your life. Find a verse that might help you with this challenge. Memorize the verse this week.

PRAYER

In this portion of your class time, have your kids fill out the Prayer Card. Take the cards home and pray for your kids throughout the week. End your time together by praying for your group commitment.

Hand out prayer cards

- Ask kids to fill in their commitments in the space provided
- Ask kids to fill in their prayer requests in the space provided
- Collect cards so you can take them home and pray for your kids

- Close in prayer

God, thank you for everything that you provide for us. Thank you for always holding us in your hands. We know that you are always with us. Help us to use your Word, the Bible, in our prayers to help us survive the hard things in our lives. Help us to learn your word and to hide it in our hearts. We want to honor you in all that we say and do. And please help us to do the things we have committed to do this week. In Jesus' name, amen.

Remember to...

- Hand out the MAP Books
- Encourage kids to complete at home with an adult and bring back next week!